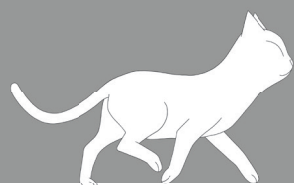


Results quick reference guide



< 140 mmHg

Normotensive

Great! Your cat has a normal blood pressure reading. If they are considered at a higher risk of developing high blood pressure or are already on medication for hypertension, regular checks will help spot any problems early

140-160mmHg

Possibly hypertensive

Your cat has a higher than normal blood pressure, but this doesn't necessarily mean that they are hypertensive. Balancing this result against other risk factors and checking for evidence of the effects of hypertension will help your cat's veterinary team determine the best next step

> 160 mmHg

Hypertensive

Your vet will guide you on what the next steps should be which may include an eye examination or a blood test, another visit or medication

Treating hypertension

If hypertension medication is needed, your cat will need medication and regular BP checks for the rest of their life to reduce their blood pressure to normal levels and make sure it stays there. This will help reduce the risk of damage to organs and make them feel better.

As your cat ages, subtle changes in their behaviour can be significant so it is always worth mentioning to your vet if you think your cat has any of the following:

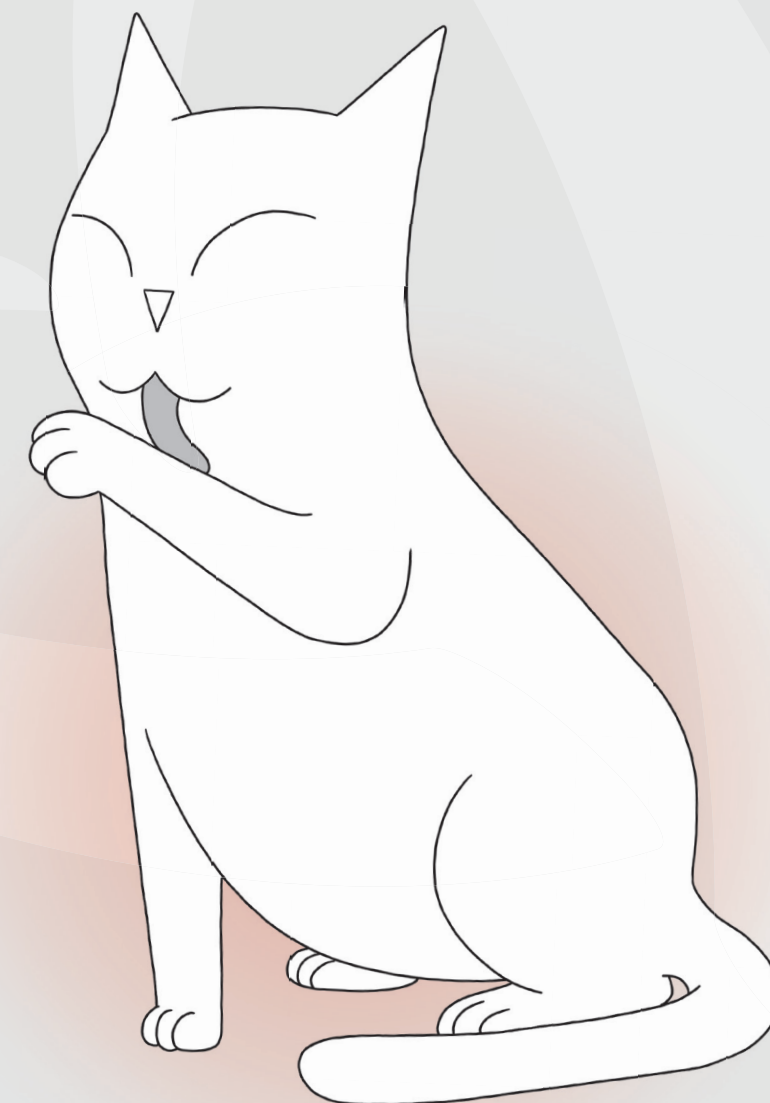
- Vision difficulties
- Crying during the night
- Weight loss
- Smelly breath
- Increased thirst
- Increased urination
- Struggling to jump and move around



If you notice any of these changes between scheduled checks or anything else, please contact your vet.

Blood Pressure Diary

Name:






Well done for getting your cat's blood pressure (BP) checked!

It is important to have your cat's blood pressure checked regularly to monitor for change because the signs of hypertension are subtle and are often noticed only once the damage has occurred;

- How often your cat needs checking will depend on their individual circumstances (such as age) and BP measurement results
- This hypertension diary will help you and your cat's veterinary team plan the best course of action so please remember to bring this along to every BP check

 If left untreated hypertension is harmful to the body. In cats, it can cause damage to key organs, including the eyes, kidneys, heart and brain.

Patient details:

DOB: _____

The risk of hypertension increases with age.

Diagnosed conditions that are known to increase the risk of hypertension

- Chronic kidney disease (CKD)
- Hyperthyroidism
- Other (please detail) _____

Measuring your cat's BP:

Mean systolic blood pressure

mmHg

Cuff size

Cuff position

Forelimb Hindlimb Tail
R L

Machine Type

Doppler PetMAP
Other

Cat position

Sitting Standing
Lying

Veterinarian/veterinary nurse to complete

Your cat's blood pressure readings:

