



SBP readings

< 140 mmHg

Normotensive

Great! Your cat has a normal blood pressure reading. If they are considered at a higher risk of developing high blood pressure or are already on medication for hypertension, regular checks will help spot any problems early

140 -160 mmHg

Prehypertensive

Your cat has a higher than normal blood pressure, but this doesn't necessarily mean that they are truly hypertensive. Balancing this result against other risk factors and checking for evidence of the effects of hypertension will help your pet's veterinary team determine the best next step

> 160 mmHg

Hypertensive

Your vet will guide you on what the next steps should be which may include an eye examination or a blood test, another visit or medication

Treating hypertension

If hypertension medication is needed, your cat will need medication and regular BP checks for the rest of their life to reduce their blood pressure to normal levels and make sure it stays there. This will help reduce the risk of damage to organs and make them feel better.

As your cat ages, subtle changes in their behaviour can be significant so it is always worth mentioning to your vet if you think your pet has any of the following:

- Vision difficulties
- Crying during the night
- Weight loss
- Smelly breath
- Increased thirst
- Increased urination
- Struggling to move around



If you notice any of these changes between scheduled checks or anything else, please contact your vet.



Blood Pressure Diary

Name:



